Welcome

Housing and Older Adults

An Aging in Place Program to Replicate in Your Community

South Central Pennsylvania Regional Housing Summit

June 14, 2016
York Housing Advisory Commission

• Created - November 2009 – Coordination

• Established 4 Committees (now 3)
  o Continuum of Care – *Initiatives for the Homeless*
  o Affordable Housing
  o Education and Outreach
Education and Outreach Committee

- Four Housing Related Workshops per year; or
- Housing Summit and Two Housing Related Workshops

  - In 2011 – Affordable Housing Options for Older Adults – Collaborated with AAA – Successful

  - In 2015 – Committee Chair approached Embracing Aging for Assistance to Facilitate a similar Workshop
$126 million in assets

Granted $4.5 million to address emerging community needs
EMBRACING AGING

Making York County a great place to age by:

1. Expanding age-inclusive thinking
2. Reducing barriers to aging well

The Hahn Home Fund of the York County Community Foundation supports the embracing aging initiative.

Since Dec. 2014, awarded $268,603 to local nonprofits working to reduce barriers to aging well.
WHY A SESSION ON AGING IN PLACE?

Whether you have a plan or don’t have a plan, there will be a plan made. Don’t you want to be in control of your plan?
YOUR PLAN FOR AGING IN PLACE

www.ageinplace.org
YOUR PLAN FOR AGING IN PLACE

Are you comfortable in your home or do you need another home or modifications to your current home?
YOUR PLAN FOR AGING IN PLACE

Do you have access to the healthcare you need or do you need advice?
YOUR PLAN FOR AGING IN PLACE

Do you have sufficient financial resources to fund your retirement?
YOUR PLAN FOR AGING IN PLACE

Do you have access to the transportation you need?
YOUR PLAN FOR AGING IN PLACE

Are you part of a community and do you have the social interaction and access to entertainment you want?
# RESULTS

## Combined Sessions (87 respondents)

<table>
<thead>
<tr>
<th></th>
<th>Very Dissatisfied</th>
<th>Dissatisfied</th>
<th>Neutral</th>
<th>Satisfied</th>
<th>Very Satisfied</th>
<th>Not Answered</th>
</tr>
</thead>
<tbody>
<tr>
<td>I learned about what it means to age in place.</td>
<td>0%</td>
<td>0%</td>
<td>5%</td>
<td>17%</td>
<td>77%</td>
<td>1%</td>
</tr>
<tr>
<td>I learned about things to consider in creating my aging in place plan.</td>
<td>0%</td>
<td>0%</td>
<td>5%</td>
<td>24%</td>
<td>69%</td>
<td>2%</td>
</tr>
<tr>
<td>I learned about resources available to assist me with aging in place.</td>
<td>0%</td>
<td>0%</td>
<td>3%</td>
<td>23%</td>
<td>74%</td>
<td>0%</td>
</tr>
<tr>
<td>The content of the presentation.</td>
<td>0%</td>
<td>0%</td>
<td>2%</td>
<td>20%</td>
<td>78%</td>
<td>0%</td>
</tr>
<tr>
<td>The presenters.</td>
<td>0%</td>
<td>0%</td>
<td>1%</td>
<td>10%</td>
<td>89%</td>
<td>0%</td>
</tr>
<tr>
<td>The facility (location, parking, comfort)</td>
<td>0%</td>
<td>1%</td>
<td>5%</td>
<td>15%</td>
<td>79%</td>
<td>0%</td>
</tr>
<tr>
<td>The refreshments.</td>
<td>1%</td>
<td>2%</td>
<td>13%</td>
<td>25%</td>
<td>57%</td>
<td>1%</td>
</tr>
<tr>
<td>Overall satisfaction with workshop.</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
<td>19%</td>
<td>72%</td>
<td>9%</td>
</tr>
</tbody>
</table>

I plan to use the information to begin my plan for aging in place.  

YES = 94%  
NO = 1%  
N/A = 5%
LESSONS LEARNED

• Attendees’ feedback supported there was a need for this program
• Program doesn’t need to be perfect or all encompassing
• Don’t assume what attendees know
• Focus on living longer and stronger in the place you call home
• Need to provide information packet to take home
• Ensure font size, style, colors are age-friendly
• Ensure facility is on a public transportation route and easily accessible
• Helpful to have follow-up with attendees to help them digest/use information shared
• Recommend charging small fee for accountability
• Recommend having evening session for people working
Q&A